

Regular Activities

Day	Activity	Times	Remarks
Monday	Pre School	08:30 – 15:30	
	Free Steppin	17:00 – 19:00	
Tuesday	Pre School	08:30 – 15:30	
	Jiu Jitsu	20:15 – 22:15	
Wednesday	Pre School	08:30 – 12:30	
	Free Steppin	17:00 – 19:00	
Thursday	Pre School	08:30 – 15:30	
	Jiu Jitsu	20:15 – 22:15	
Friday	Pre School	08:30 – 12:30	
	Forward in Faith	19:00 – 23:00	
Saturday	Jiu Jitsu	10:30 – 13:30	1st and last Saturday's only
	Christ Devine	19:00 – 22:00	
Sunday	Forward in Faith	09:30 – 14:00	Middle two Sundays only
	Christ Devine	17:00 – 20:00	